



Rheumatology

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Dear Child/Parent/Guardian,

Thank you for your interest in naturopathic care at Arthritis Health and the opportunity to work with you. Naturopathic medicine is an approach to health care that provides an array of treatment options. However, more importantly, I believe naturopathic medicine offers a distinctly different way of thinking about health.

The following pages are the start of our comprehensive discussion to learn about you. This form is somewhat long, but I appreciate your time to thoughtfully answer these questions.

The first office visit is where we gather the largest amount of information. Accordingly, this visit can last 1 to 1 ½ hours. In order for me to prepare for this visit, I kindly request that this form be mailed or faxed to Arthritis Health at least 2 days prior to your first appointment. This will give me ample time to review your information before you arrive. Additionally, if you are taking any supplementation/medications, have recent laboratory work or pertinent medical records, please bring these to the visit.

Thank you again for your interest in working with me. I look forward to meeting you.

Sincerely,

C. Keith Wilkinson, NMD

Naturopathic Physician

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www.arthritishealth.net



Comprehensive Care
Rheumatology • Naturopathy • Acupuncture • Yoga Therapy

New Patient Form – CHILD (6-12 years)

Date: _____

Patient Information

Child's Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Age: _____ DOB: _____ Gender: M F

Mother's Name: _____ Father's Name: _____

Parent's # Home: _____ Cell: _____ Work: _____

Parent's E-mail address: _____

Child Lives with: Both Parents Mother Father Other: _____

Additional Information

Primary Care Physician: _____ Phone #: _____

Address: _____ City: _____ State: _____ Zip: _____

Emergency Contact: _____

Relationship to Child: _____ Contact #: _____

Referral Information

How did you hear about Dr. Wilkinson? _____

Were You Referred by a Physician? Y N

If yes, could you provide us with information for the referring physician?

Referring Physician's Name: _____

Address: _____ City: _____ State: _____ Zip: _____

Telephone Number: _____

The following questions will help me understand your expectations.

1. Why did you choose to come to Arthritis Health?

2. What do you know about naturopathic medicine?

3. What expectations do you and your child have from this initial visit?

4. What long term expectations do you and your child have regarding your child's health?

5. Any other expectations you or your child have that I should know about?

What are your child's health concerns? List in order of importance.

1. _____
2. _____
3. _____
4. _____
5. _____

Childhood Illnesses/Immunizations

Did your child have the following - **D**isease (**D**), **I**mmunized (**I**), or **N**either (**N**):

Hepatitis (A / B)	D I N	Varicella (Chicken Pox)	D I N	Hemophilus (Hib)	D I N
Rotavirus	D I N	Diphtheria (DTaP)	D I N	Measles (MMR)	D I N
Pneumococcal (PCV)	D I N	Tetanus (DTaP)	D I N	Mumps (MMR)	D I N
Polio (IPV)	D I N	Pertussis (DTaP)	D I N	Rubella (MMR)	D I N

Did your child follow the standard immunization schedule? Y N

If no, explain: _____

Did your child have any significant reaction to any immunization? Y N

If yes, explain: _____

When was the last time your child went to the doctor? _____

What was the reason? _____

List any other major illness, trauma, medical interventions in your child's health history:

Allergies

Is your child hypersensitive or allergic to:

Any drugs? _____

Any foods? _____

Any substances in the environment or chemicals? _____

Have you ever had allergy testing? If yes, indicate when and details. _____

Current Medications / Supplements

Please list any prescription, over the counter meds, or vitamins/supplements your child is taking and dosages.

Prescription Medications	OTC Medications (Ibuprofen, allergy, aspirin, decongestant, etc.)	Vitamins/Supplements
1.	1.	1.
2.	2.	2.
3.	3.	3.
4.	4.	4.
5.	5.	5.

Past Medications

Has your child taken any of these medications in the past?
If so, list type and duration (ie, days, weeks, months, 1x, 2x, etc)

Aspirin _____
 Antibiotics _____
 Tylenol _____
 Decongestant _____
 Antihistamine _____
 Other _____

Environmental Exposure

Does your child live near industrial areas such as chemical factories, refineries, agriculture, etc.? Y N
If yes, name the type of industry. _____

Is your child ever in an environment where they are exposed to solvents, fumes, paint, chemicals etc.? Y N
If yes, provide detail. _____

Do you use pesticides, herbicides, or other chemicals around your home? Y N
If yes, provide detail. _____

PRE / BIRTH / POST NATAL HISTORY

Term: Full Premature Late Weight: _____

Length of Labor: _____ Complications: _____

Did the child have any of the following complications after birth?

Birth Defects Birth Injuries Blue Baby Jaundice Colic
 Rashes Seizures Cerebral Palsy Fever Other

Explain _____

Feeding: Breast Fed, duration _____ Formula, milk/soy/ _____ duration _____

Age began solids: _____ What Foods? _____

Age began: Sitting _____ Crawling _____ Walking _____ Talking _____

REVIEW OF SYSTEMS

Mental / Emotional

Irritability?	Y N P	Depression?	Y N P
Mood Swings?	Y N P	Anxiety or nervousness?	Y N P
Considered/Attempted suicide?	Y N P	Hyperactivity?	Y N P
Poor concentration?	Y N P	Memory problems?	Y N P
Nightmares?	Y N P	Sleep Problems?	Y N P
Unusual Fears?	Y N P		

Immune

Reactions to immunizations?	Y N P	Reactions to vaccinations?	Y N P
Chronic fatigue?	Y N P	Chronic infections?	Y N P
Chronically swollen glands?	Y N P	Slow wound healing?	Y N P

Endocrine

Fatigue	Y N P	heat or cold intolerance?	Y N P
Hypoglycemia?	Y N P	Diabetes?	Y N P
Excessive thirst?	Y N P	Excessive hunger?	Y N P

Neurologic

Seizures?	Y N P	Paralysis?	Y N P
Muscle weakness?	Y N P	Numbness or tingling?	Y N P
Loss of memory?	Y N P	Easily stressed?	Y N P
Vertigo or dizziness?	Y N P	Loss of balance?	Y N P

Skin

Rashes?	Y N P	Eczema/Hives?	Y N P
Acne, Boils?	Y N P	Itching?	Y N P

Head

Headaches?	Y N P	Head Injury?	Y N P
Dizzy Spells?	Y N P	Jaw/TMJ problems	Y N P

Eyes

Tearing or dryness?	Y N P	Color blindness?	Y N P
Impaired vision?	Y N P	Glasses or contacts?	Y N P
Blurriness?	Y N P	Eye pain/strain?	Y N P

Ears

Impaired hearing?	Y N P	ringing?	Y N P
Ear Aches?	Y N P	Dizziness?	Y N P

Nose and Sinuses

Frequent colds?	Y N P	Nose Bleeds?	Y N P
Stiffness?	Y N P	Hayfever / Post Nasal Drip?	Y N P
Sinus problems?	Y N P	Loss of smell?	Y N P

Mouth and Throat

Frequent sore throat?	Y N P	Bad Breath?	Y N P
Teeth grinding?	Y N P	Sore tongue/lips?	Y N P
Gum problems?	Y N P	Hoarseness?	Y N P
Cavities?	Y N P	Jaw clicks?	Y N P

note - Y = a condition you have now N = Never had P = Significant problem in the past
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Neck

Lumps? Y N P Swollen glands? Y N P
Goiter? Y N P Pain or stiffness? Y N P

Respiratory

Cough? Y N P Pneumonia? Y N P
Asthma? Y N P Wheezing Y N P
Bronchitis? Y N P

Cardiovascular

Heart disease? Y N P Murmurs? Y N P
Fainting Y N P Chest pain Y N P
Palpitations/Fluttering Y N P

Gastrointestinal

Nausea/vomiting Y N P Heartburn? Y N P
Jaundice (yellow skin)? Y N P Abdominal pain or cramps? Y N P
Change in appetite? Y N P Belching or passing gas? Y N P
Liver Disease? Y N P Constipation (<1 BM / day) Y N P
Blood in stool? Y N P Diarrhea? Y N P
Bowel Movements: How many per day? _____

Urinary

Pain on urination? Y N P Frequent urination? Y N P
Frequent infections? Y N P Bed wetting? Y N P

Musculoskeletal

Joint pain? Y N P Arthritis? Y N P
Broken bones? Y N P Weakness? Y N P
Muscle spasms or cramps? Y N P Joint stiffness? Y N P
Swelling in joints? Y N P Warm joints? Y N P
Muscle fatigue? Y N P Malaise? Y N P
Difficulty walking/running Y N P

Blood / Peripheral Vascular

Easy bleeding or bruising? Y N P Anemia? Y N P
Cold hands/feet? Y N P

note - Y = a condition you have now N = Never had P = Significant problem in the past

DIET

Please describe your child's typical daily diet:

Breakfast: _____

Lunch: _____

Dinner: _____

Snacks: _____

Drinks: _____

Is there anything else you would like to add or comment on?

Thank you for completing the form. See you at Arthritis Health.

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